

## Sign and return attachment

After you review this material, please sign the separately attached signature page and return to the dispensary.

Cardholders must sign this form acknowledging they have received this information at least once per year or whenever major changes to this pamphlet occur.

The dispensary must retain your signature for a period of thirty-six (36) months.

## Quick tips for cardholders

Medical cannabis cardholders in Kentucky should consider:

- Product formats and supply limits
- Prohibited products and uses
- Potential prescription drug and other substance interactions
- Proper transportation and storage
- Requirements for purchase (including valid driver's license to be presented with a medical cannabis card)
- Requirements and restrictions for minors
- Proper disposal methods
- Adverse effect reporting
- Child and pet safety

## Additional resources

More information and resources are available under the **"Patients and Caregivers"** page on the Office of Medical Cannabis website on the at <https://kymedcan.ky.gov/patients-and-caregivers/>

## Program overview

On March 31, 2023, Gov. Beshear signed Senate Bill 47 into law and created the Kentucky Medical Cannabis Program. The Medical Cannabis program allows patients with qualifying medical conditions to register with the Office of Medical Cannabis to purchase and consume medical cannabis.

This pamphlet serves to provide evidence based educational materials on the risks, dangers, and possible side effects of medical cannabis, as well as to inform patients on how to report potential negative side effects of medical cannabis.

## Learn more

Visit the Kentucky Office of Medical Cannabis website for more information about the Medical Cannabis Program at:  
<https://kymedcan.ky.gov/>

For questions or comments, please contact the Office of Medical Cannabis using the message portal at: <https://secure.kentucky.gov/formservices/CHFS/KYMEDCAN/>

### Contact the Office of Medical Cannabis



### Connect with us on social media:

**X:** @MedCanKY | **YouTube:** @KYMedicalCannabis  
**LinkedIn:** kentucky-office-of-medical-cannabis



## Medical Cannabis Advisory Pamphlet

*For Qualified Patients and  
Designated Caregivers*

## Methods of consumption

Medical cannabis may be used in any of the following forms:

Product format	30-day supply limit
Raw plant material	112 grams (4 ounces)
Concentrates	28 grams
<ul style="list-style-type: none"><li>•Vape cartridges</li><li>•Nebulizer solutions</li></ul>	
THC-infused products	3,900 milligrams
<ul style="list-style-type: none"><li>•Edibles</li><li>•Oils</li><li>•Tinctures</li><li>•Pills</li><li>•Liquids</li><li>•Suppositories</li><li>•Capsules</li><li>•Beverages</li><li>•Dermal patches</li></ul>	
Non-consumable forms	No supply limit
<ul style="list-style-type: none"><li>•Gels</li><li>•Cosmetics</li><li>•Creams/lotions</li><li>•Soaps</li><li>•Ointments</li></ul>	



### Prohibited methods of consumption

- Combustion of cannabis, such as smoking
- For patients under 21 years old, consumption by vaporizing is not allowed

## Dosage information

The amount of THC and CBD, directions for use, and number of servings can be **found on the medical cannabis packaging**. Dosing varies by product. To avoid potential side effects, it is recommended to **start at a low dose and increase the dosage slowly over time**.

## Proper storage

Medical cannabis products should always be stored in their **original containers** and **kept out of the sight and reach** of children.

## Effects and impairment

Cannabis can cause effects that may include:

- Altered senses (for example, seeing brighter colors)
- Altered sense of time
- Changes in mood
- Impaired body movement
- Difficulty with thinking and problem-solving
- Impaired memory
- Hallucinations or delusions (when taken in high doses)
- Psychosis (this risk is highest with regular use of high-potency cannabis)

**Do not drive, operate machinery, or do work that could harm people while using medical cannabis.**

## Adverse effects reporting

If you are experiencing a life-threatening emergency, **call 911** or go to an emergency room immediately. If a child or someone you know accidentally consumes medical cannabis, **call (800) 222-1222** for the Kentucky Poison Control Center.

If you are having a non-life-threatening adverse effect, speak to your healthcare provider and report the incident at [kymedcan.ky.gov](http://kymedcan.ky.gov) or call **(502) 564-7907**. When reporting an adverse effect, please complete the online form and provide a photo, receipt, or image of the product and label.

**For accidental consumption by pets, contact the ASPCA Poison Control Hotline at (888) 426-4435.**

## Talk with your doctor about medical interactions

Discuss all your medical conditions and other medications you take with your health care provider prior to starting medical cannabis.

The following **conditions may have negative interactions with cannabis use**:

- Cardiovascular disease
- Arrhythmias
- Poorly controlled hypertension
- Severe heart failure
- History of psychotic disorder
- Pregnancy or nursing

## How to obtain treatment for medical cannabis abuse



If you or a loved one is experiencing medical cannabis abuse, call SAMHSA's National Helpline 24/7, 365 days-a-year at **1-800-662-HELP (4357)** or KY HELP Statewide Call Center at **1-8338-KY-HELP** for free and confidential help.

## Designated caregivers

If you need assistance with medical cannabis care, the program allows patients to designate a caregiver to assist with buying, transporting, storing, and administering medical cannabis.

Designated caregivers must apply for a registry ID card through the patient and caregiver registry portal at [kymedcan.ky.gov](http://kymedcan.ky.gov).